



21<sup>st</sup> January 2021

Dear Parent/Carer,

It has been fantastic to see so many of our pupils logging onto MS Teams each morning and positively engaging with live lessons. We are incredibly proud of the resilience and determination to learn that pupils have shown in these challenging times. Sincere thanks to all of our families for your support and encouragement so far this term.

Our staff are working hard to ensure that pupils receive quality online lessons which follow the appropriate curriculum for your child. Staff levels permitting, your child will always have their normal subject teachers for all online lessons so will be taught by someone who knows them well and can support their progress. We are keen to ensure that the wellbeing of pupils is also addressed during this period of remote learning so our weekly assemblies, daily form periods, competitions and events are specifically designed to support pupils and provide opportunities for them to raise anxieties or concerns in a safe space.

Further to this, we are mindful that long hours of remote learning can lead to screen fatigue and overload and that pupils need regular opportunities to move away from the screen for short periods. Consequently, from Monday 25<sup>th</sup> January we are adding two additional short wellbeing breaks to our school day to facilitate this. The timings of two lessons will be adjusted to accommodate the change.

Please see below:

**Period 1: Form Time 8.40am-9.10am**

**Period 2: 9.10am-10.00am**

**Wellbeing break 10.00am-10.10am**

**Period 3: 10.10am-11.10am**

**Break 11.10am-11.30am**

**Period 4: 11.30am-12.20pm**

**Wellbeing break 12.20pm – 12.30pm**

**Period 5: 12.30pm-1.30pm**

**Lunch 1.30pm-2.00pm**

**Period 6: 2.00pm-3.00pm**

Note: this change applies to phases of full time remote learning only.



I am sure you will agree that this will enable pupils to get up, move around and have a drink etc. which is important in supporting them to be ready to learn for the following lesson.

We know that online learning can sometimes be a challenge for pupils and families and want to support in any way we can. We are in the process of developing some video links to guide families in how best to support home learning. Please continue to check our website for updates. We also have a link on our website to our remote learning document which provides information on what you can expect from our provision. If you require further support or have any concerns, please do not hesitate to contact us on [Enquiries@keshacademy.com](mailto:Enquiries@keshacademy.com) or for technical support contact [info@keshacademy.com](mailto:info@keshacademy.com)

Thanks again for your ongoing support.

Yours sincerely

A handwritten signature in cursive script, appearing to read 'R Elcocks', written in black ink.

Ms R Elcocks  
Principal