

Break Time



Sausage or Bacon Bap	£1.50
Bacon Bap	£1.50
Hash Brown	£0.65
Waffles	£1.40
Waffles Topped	£1.70
Bagels 1/2 Buttered	£0.60
Bagels 1/2 Cheese & Tomato	£1.00
1/2 Panini	£1.00
Pizza Slice	£1.35
Buttered Toast	£0.40
2 Slices Toast	£0.75
Loaded Nacho's	£1.25
Chicken Wings (3)	£2.00
Samosa/ Spring roll	£0.65
Spiced Wedges	£1.35

Grab & Go

THE

KITCHENEERS

Pasta 1 topping	£1.75
Pasta 2 toppings	£2.20
Jacket potato 1 filling	£1.75
Jacket Potato 2 Fillings	£2.20
Curry Pot	£2.10
Noodle Pot	£2.10
Panini	£2.00
Hot Wrap of the day	£2.10
Chicken Wings (3)	£2.00
Pizza Slice	£1.35
Sausage Roll / Vegan Roll	£2.00

Sandwiches or Baguettes available daily

Lunch Time

Meal Deal	£2.75
(Main Meal & Dessert)	
Main Meal	£2.10
Pudding/Cake	£1.00
Pasta 1 topping	£1.75
Pasta 2 toppings	£2.20
Jacket potato 1 filling	£1.75
Jacket Potato 2 Fillings	£2.10
Curry Pot	£2.10
Panini	£2.00
Hot Wrap of the day	£2.10
Chicken Wings (3)	£2.00
Pizza Slice	£1.35

MY
LUNCH
MY
WAY

ON A
FRESH FOOD
MISSION

THE



















KITCHENEERS

LUNCH

WEEK 1

W/C 01/09, 22/09, 13/10, 03/11,
24/11, 15/12, 05/01, 26/01

EAT WELL
LIVE NICE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab 	Halal Southern Baked Chicken, Wedges	Halal Roast Chicken, Roast Potatoes	Halal Katsu Style Chicken Curry, Rice 	Pork Sausage, Chips
MAIN 2	Crispy Topped Cauliflower & Broccoli Crunchy Cheese Bake, Half Jacket 	 Chilli Bean Tortilla Stack  	Shepherdess Pie 	Sloppy Joes Garlic Bread, Potato Salad 	Smashed Falafel Pitta, Slaw, Chips 
REAL FOOD FAST	Authentic Tikka Pitta 	Halal Mammoth Beef Chilli Nachos 	Loaded Meatball Sub 	Carbonara Pizza	Buddha Bowl Quorn Fillets 
VEG	Green Beans 	Sweetcorn 	Carrots & Cabbage 	Roasted Vegetables 	Peas & Carrots or Baked Beans 



MEAL DEAL – MAIN MEAL & DESSERT

ONLY
£2.75

AVAILABLE DAILY

Jacket potatoes with a choice of two toppings,
mixed salad bar & deli grab & go offer (V/VE
options available).

DESSERTS

Choice of fresh seasonal fruit  (cut or whole),
flavoured yoghurts  or dessert of the day.

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced



MY
LUNCH
MY
WAY

ON A
FRESH FOOD
MISSION

THE

KITCHENEERS

LUNCH

WEEK 2

W/C 08/09, 29/09, 20/10, 10/11,
01/12, 12/01/ 02/02

EAT WELL
LIVE NICE

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN 1

Dirty Creamy
Mac'n'Cheese 

Halal
Chicken Sausage
& Mash


Halal
Roast Chicken,
Roast Potatoes

Halal
Chipotle Chicken,
Corn Salsa, Rice

Oven Baked
Battered Pollock
& Chips

MAIN 2

 Penne Pasta
with Tomato &
Chilli  

Sizzling
Quorn Sausage
& Mash 

Roasted Vegetable
Shawarma,
Chips 

Southern Baked
Halloumi Burger,
Wedges 



K-Dogs &
Chips  

REAL
FOOD
FAST

Mexican
Chimichurri
Wedges  


Halal Spicy Beef
Noodle Broth 


Halal Roast
Chicken Wrap


Loaded Punjabi
Masala, Wedges  


Red Pepper Pizza 


VEG

Sweetcorn 

Garden Peas 

Fresh Carrots &
Swede 

Broccoli 

Peas & Carrots or
Baked Beans 



MEAL DEAL – MAIN MEAL & DESSERT

ONLY
£2.75

AVAILABLE DAILY


Jacket potatoes with a choice of two toppings, mixed salad
bar & deli grab & go offer (V/VE options available).

DESSERTS

Choice of fresh seasonal fruit  (cut or whole),
flavoured yoghurts  or dessert of the day.

MENU KEY

 Vegetarian

 Vegan and Planet Friendly

 New Dish

 Spiced



MY
LUNCH
MY
WAY

ON A
FRESH FOOD
MISSION

THE

KITCHENEERS

LUNCH

WEEK 3

W/C 15/09, 06/10, 27/10,
17/11, 08/12, 19/01, 09/02

EAT WELL
LIVE NICE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN 1

Succulent
American
Big Burger,
Wedges 🍷

Halal
BBQ Chicken,
Rice 🍷

Halal
Roast Chicken,
Roast Potatoes

Halal
Beef Lasagne

Halal
Beef Burger
in a Bun, Chips

MAIN 2

Creamy Leek
& Cheese Pie,
Wedges 🌱

Five Bean Chilli,
Rice 🍷

🌊 Golden
Sausage Roll 🍷

Enchilada,
Pea Guacamole,
Rice 🌱🔥

BBQ Cheesy Corn
Flatbread, Chips 🌱

REAL
FOOD
FAST

Winter Vegetable,
Smoky Sausage
Hot Pot 🍷

Halal
Mexican Chicken
Fajita Bowl 🔥

Garlic & Chilli
Donburi Bowl 🍷

Halal Thai Green
Chicken Noodles

🌊 Caribbean
Spiced
Jerk Dog 🍷

VEG

Sweetcorn 🍷

Broccoli 🍷

Savoy Cabbage,
Carrots 🍷

Green Beans 🍷

Carrots & Peas or
Baked Beans 🍷

MEAL DEAL – MAIN MEAL & DESSERT

ONLY
£2.75

AVAILABLE DAILY

Jacket potatoes with a choice of two toppings, mixed salad
bar & deli grab & go offer (V/VE options available).

DESSERTS

Choice of fresh seasonal fruit 🍷 (cut or whole),
flavoured yoghurts 🌱 or dessert of the day.

MENU KEY

🌱 Vegetarian

🍷 Vegan and Planet Friendly

🌊 New Dish

🔥 Spiced

