

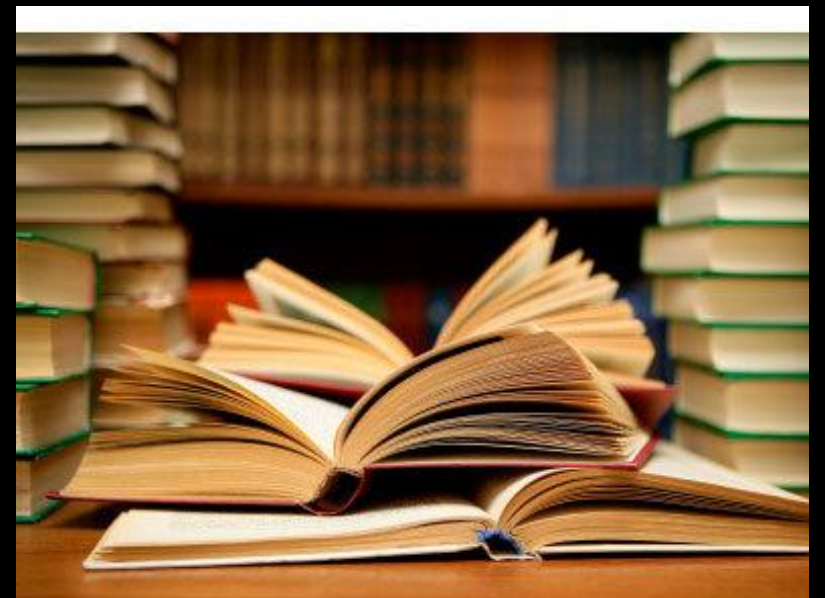
THE LOVE FOR READING...


Learning to **read** is about listening and understanding as well as working out what's printed on the page. ... This helps us build our own vocabulary and improve our understanding when we listen, which is a vital start to **read**. **It's important** for us to understand how stories work too.



BENEFITS OF READING...

- improves **brain** connectivity.
- increases your vocabulary and comprehension.
- empowers you to empathize with other people.
- aids in sleep readiness.
- reduces **stress**.
- lowers blood pressure and heart rate.
- fights **depression** symptoms.
- prevents cognitive decline as you age.



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- [10 Benefits of Reading: Why You Should Read Every Day \(lifehack.org\)](#)
 - [Why Reading Is Important - 10 Shocking Benefits of Reading – YouTube](#)
 - [The Reading Song- World Book Day 2019 - YouTube](#)

**“READING IS
IMPORTANT. IF YOU
KNOW HOW TO
READ, THEN
THE WHOLE
WORLD OPENS UP
TO YOU.”**

BARACK OBAMA

He that loves reading has
everything within his reach.

-William Godwin

“I do believe
something very magical
can happen when you
read a good book.”

-J.K. Rowling



Good